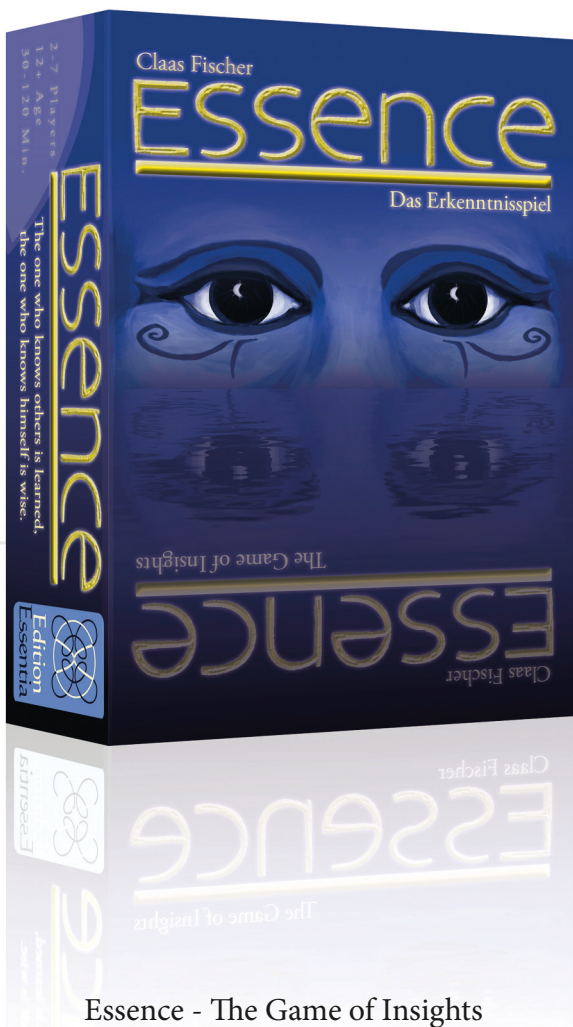
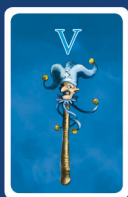
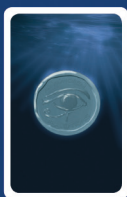


Choose *Life*
– Choose *Essence* !



Essence - The Game of Insights
for 2-7 players aged 12 and above

Information & Order: www.essence-spiel.de

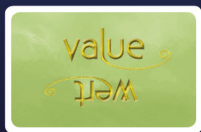


Essence is a *communicative game* that invites 2 to 7 players to have a closer look at their own being and gain intriguing insights into themselves.

Over 340 *phrase cards* in two languages (English/German) provide a broad range of traits, activities and values allowing the players to assess one another in many different ways. Thereby they fathom together:

- *which qualities lie within them,*
- *what gives them strength,*
- *what holds significance in their lives,*
- *how they are perceived by others*
- *and what they have in common.*

Essence lives off the sincere curiosity about the multi-faceted human nature, the joy of *authentic openness*, vivid discussions and an esteeming look at personal potentials and resources.



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